



Intrepidus Trust



Our
Impact



2022-
23

Introduction



Established in the wake of Grenfell, the KAA Intrepidus Trust (KIT) develops and funds a range of exciting and ambitious activities aimed at broadening the horizons and raising the aspirations of pupils at Kensington Aldridge Academy (KAA), an Ofsted Outstanding secondary school in North Kensington.

Despite being situated in one of London's wealthiest boroughs, school data shows that half of pupils who attended KAA in 2022-23 were eligible for Free School Meals. This is an alarming increase on last year's rate, and significantly higher than the national average of 23.9%.

Through KIT, our role is to complement the school's core provision with opportunities and resources that would not otherwise be accessible. We open doors to a rich variety of educational enrichments in performing and creative arts, life skills, wellbeing, and sport, and forge links with the community to further support these programmes.

A challenge we faced during the year was the NEU strike action which resulted in seven days of school closure. This, combined with the extra bank holiday added pressure to our teachers' already heavy workloads. Undeterred, school staff worked tirelessly to deliver these opportunities outside the classroom, often working early mornings, evenings and holidays to do so. And as you can see from this year's Impact Report, our pupils have gained in leaps and bounds, in such a variety of ways.

We are as ever, indebted to our heroic teachers and support staff, and to our inspiring partners and generous donors, without whom none of these opportunities would be possible. We are quite simply unable to deliver our mission without you.

With thanks,

A handwritten signature in black ink, appearing to read 'Lucy Morris'.

Lucy Morris
Chair, KAA Intrepidus Trust



Our Numbers in 2022-23

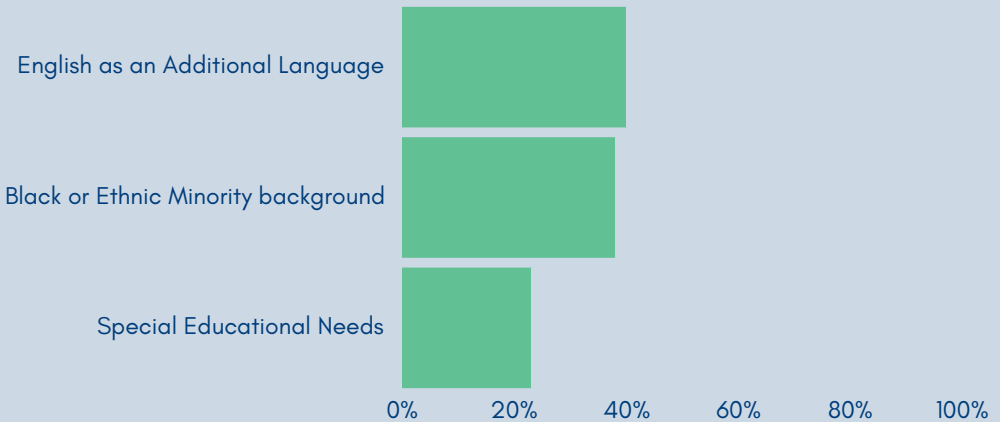


Half our pupils are eligible for Free School Meals

Over double the national average and 35% higher than last year

931

(three quarters of) pupils took part in at least one KIT programme



Sport
20%

Well-being
30%

Life Skills
20%

Performing Arts
30%

£145k

invested in **22**
programmes

Sports for all

Learn to Row

Donations to the Intrepidus Trust have enabled us to deliver and grow a successful rowing programme at the school, in partnership with Fulham Reach Boat Club (FRBC).

In Learn to Row, 205 Year 10 pupils completed a six-week introduction to rowing. The programme's success and popularity is clearly reflected in the results of a feedback survey of 62 attendees:

79% gave their rowing experience a 4/5 or 5/5 rating

94% felt that they had progressed in their rowing skills from week 1 to week 6

77% felt they had strengthened their ability to work as a team

60% felt they had developed their communication skills

Rowing was sick! I loved going to Fulham Reach every week and learning a new skill. I have never been to the River Thames and I got to go on it which I loved. It has made me want to do rowing outside of school and I cant wait for the rowing house competition. I hope I get to do it next year as well.






Sports for all

Rowing Squad

Through the Learn to Row programme we are also able to identify and recruit promising and committed rowers to join the rowing squad, and this year we had five new recruits to the squad.

The squad has continued to provide an opportunity for the most committed and talented rowers at the school to further develop their rowing practice and gain experience in competitive rowing.

15 pupils from Years 10-13 regularly attended two early morning sessions on the water as well as weekly land sessions. A key aim has been the development of a motivating but achievable competitive schedule with the squad taking part in the National Junior Indoor Rowing Championships in which they performed strongly. They also took part in a number of local regattas during the year but special mention must go to the Kew House Regatta where the KAA team triumphed against Chiswick School in two water races and one land race.



The event was also important in that new connections were forged with other schools and their rowers and the hope is that this type of event can become a regular occurrence.

The KAA Club now has membership and individual rowers have licences allowing them to enter any British Rowing Race. Positively, the assessment is now that, with the level of provision retained going forward, we will be able to enter a boat into the National Competition in 2023/24.

Sports for all

Ibukun's Story

Ibukun took part in the core rowing programme in the Autumn term and, although initially reluctant to participate, ended up thoroughly enjoying it. Her

class had a particularly difficult time as weather often meant that they weren't able to go on the water and instead had to do land sessions. Ibukun excelled, even in these circumstances, and got by far the best score out of her class on the rowing machine.

Ibukun went on to join the Rowing Squad, becoming one of its most reliable members. Rowing has had a really positive all-round impact on Ibukun as, according to her PE teacher, and has increased her overall perseverance and determination. Ibukun, herself, perhaps puts this most succinctly:

"Rowing [has] made me grow as a person and learn new things. I think I want to continue on to sixth form, and hopefully go to university where they do rowing and train with them."

*Ibukun at the stern
with her teammates*



Well-being

Gardening club

Donations have funded the set up of a new gardening enrichment benefiting pupils with autism spectrum diagnoses at the school. The pupils draw a real sense of achievement from helping with planting and maintenance and the space is also used for outdoor learning. This year, generous support from an individual donor has funded the re-development of the outdoor space including a pond, equipment and more planting.

The pond has begun to support pupils in having a greater understanding of the natural environment – finding out what forms of life are settling into the pond, and ensuring that the pond is kept clean and the water oxygenated so that it can begin to attract insects to help start an ecosystem.



Jamie's Farm Residentials

Jamie's Farm is a charity providing vulnerable children and young people with residentials combining farming and therapy. This is the fifth year that our pupils have attended Jamie's Farm, and teachers, pupils and their families have almost unanimously reported that they have had a transformative impact on even the most hard-to-reach young people. This August, 12 of our pupils benefited from a five-day residential to Lewes. In a feedback survey, lead teachers observed that compared to baseline, 58% of attendees performed better against their target outcome following the residentials. These pupils are subsequently monitored and supported with regular check-ins and signposting to other therapeutic support.



I feel as though I have grown as an individual, not just with my friends but like, outside of school.

Jamie's Farm attendee



Well-being

Breakfast Club

Set up in the aftermath of Grenfell with donations to the Intrepidus Trust, our daily Breakfast Club provides free freshly made food, and a space for pupils to socialise with teachers and peers.

With half of pupils at KAA eligible for Free School Meals – over the double the national rate – our Breakfast Club has been vital in reaching the most vulnerable children and young people at the school. A free hot or cold nutritional breakfast including porridge, eggs, homemade yoghurt, fruit and cereals plus a host of fun activities were enjoyed by 588 pupils over the course of the year.

In a survey of pupils attending the Breakfast Club this year:

74% said they never or sometimes have breakfast at home

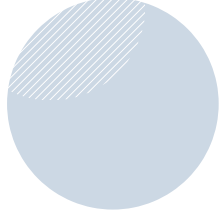
100% of students enjoyed attending Breakfast Club

57% said they made new friends at Breakfast Club

57% said they used Breakfast Club to catch up on schoolwork

Adil's Story

Adil (*pseudonym*) is a Year 7 pupil who joined KAA in September 2022 and has attended breakfast club almost every day. Adil has an autism diagnosis and has EAL (English as an Additional Language). For these reasons, he sometimes struggles with communication, however he says his favourite thing about breakfast is *'enjoying the food with his friends'*. Breakfast club has not only provided Adil with physical nourishment (he enjoys beans and sausages the most!) but has also enabled him to create new friendships that will continue to build throughout his time at KAA.





Well-being

Sports Mentoring

This programme supports a small group of boys in Year 9 who have identified behavioural and attendance issues and uses football and group mentoring to address the root causes of their behaviour on an individualised basis.

Funding from KIT paid for weekly sessions, delivered by a teacher at the school. These sessions provided a supportive space for the boys to talk about their lives with the lead teacher carrying forward progress by liaising with other teachers and even attending individual pupils' lessons to address targeted needs. We have seen the boys' confidence and ability to communicate and articulate themselves grow, and the sports sessions have helped them let off steam and build relationships with their peers.



As a result of this support, we have seen a significant reduction in behaviour points across the group, and a clear improvement in the way the boys speak to each other and to staff.

Moshgan, Programme Lead
Teacher

Smile-ing Boys

The S.M.I.L.E-ing Boys Project is a creative arts project led by artist Kay Rufai. Using photography, poetry, film and podcasts, the programme aims to address the mental health needs of black boys and challenge the negative portrayal of this demographic in the media. Twelve pupils took part in weekly mentoring sessions over eight weeks, where they discussed their lived experiences and how best to navigate through their future.

There was a resulting celebration day with the participants and their families, exhibiting smiling portraits that aim to alter public perception of BAME boys. The programme was so popular with participants that they came into school on strike days to take part. These boys who are now 'alumni' will participate as mentors for this year's programme.



S.M.I.L.E



Performing & Creative Arts

With support from our donors we have been able to provide hundreds of our pupils with opportunities to shine in the performing and creative arts during the year, fostering confidence and creativity.

Instrumental Tuition

This year, 142 pupils have participated, with 95% attendance, a very positive rate of engagement and retention, and much higher than previous years—partly due to a new home school agreement set up by the music department. We now have a waiting list for next year.

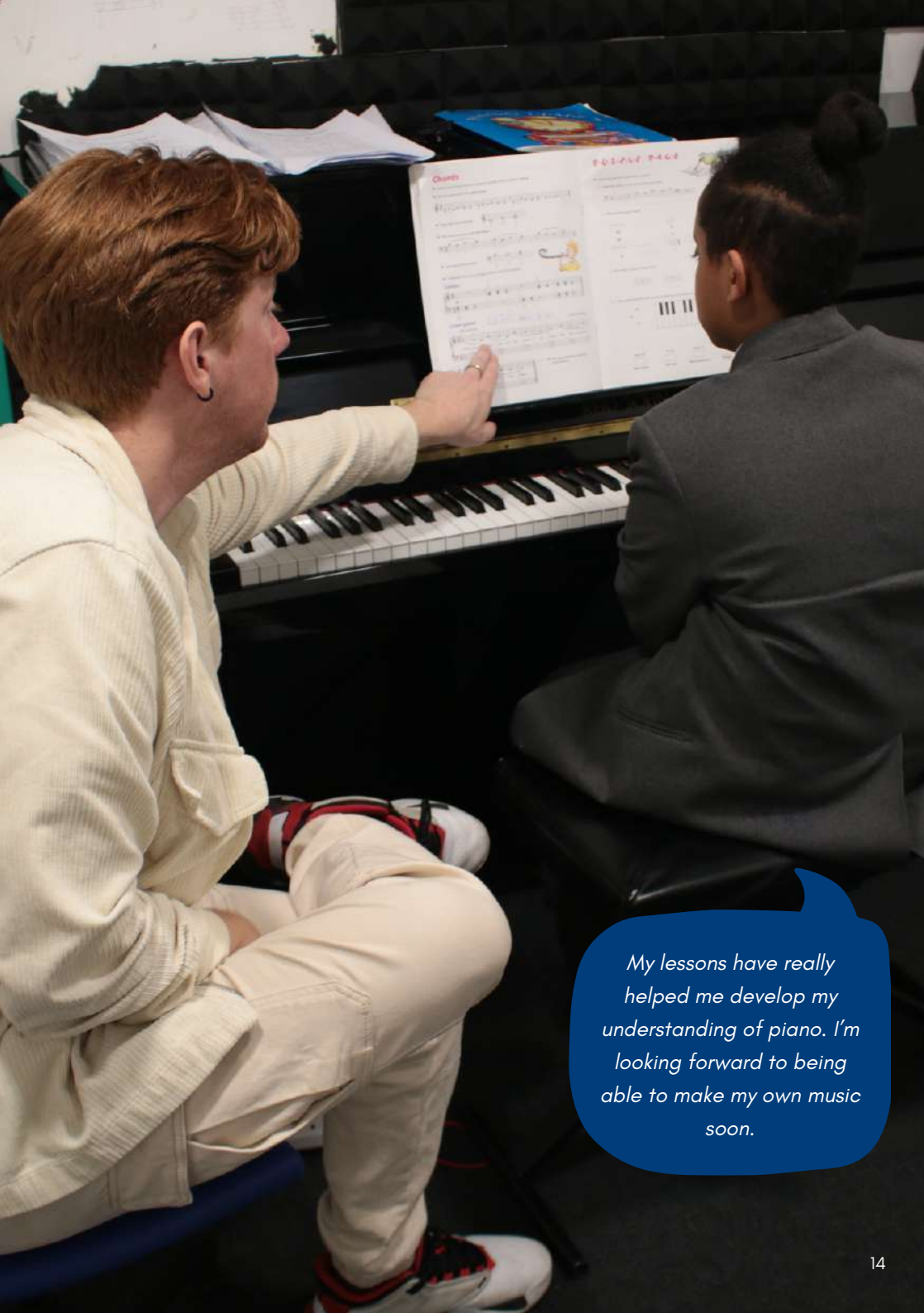
22 pupils are taking or have taken Trinity grades this year – a great achievement considering the majority were complete beginners at the start of the year!

Sami's story

12-year-old Sami (*pseudonym*) is in Year 7, and is a Looked After Child. Through the KIT sponsored music tuition programme, Sami was able to enrol in free weekly drum lessons at school.

Since starting his drumming journey, Sami, under the guidance of our long-time drums teacher, Sheila, has worked extremely hard. Despite facing numerous hardships, Sami has thrived under Sheila's tutelage, surpassing all expectations. As the academic year draws to a close, Sami will tackle the challenging Grade 1 Trinity material with a view to taking the exam next year.





My lessons have really helped me develop my understanding of piano. I'm looking forward to being able to make my own music soon.

Performing & Creative Arts

Ensembles

Donations to the Intrepidus Trust have supported weekly coaching for two school ensembles: *Elements*, a school rock band, and *Upper Voices*, a Glee-style choir, led by professional musicians and vocal coaches.

The 19 pupils making up *Elements* represent the most talented instrumental musicians and vocalists at the school who have a passion for performing pop and soul music.

Elements performed '9-5' by Dolly Parton at the school pantomime, 'If You Want Me To Stay' by Sly and the Family Stone at the Battle of the Bands contest in Hammersmith and busked a five-song set at the world famous Portobello Road Market!



Band is incredible, I have made a variety of new friends and found people equally as passionate as I am for music. I struggle with anxiety and depression and band is something I can look forward to everyday, it allowed me to release my emotions in my playing and being around others who are also very talented. Dom and Jane have created a community where everyone is comfortable and has fun. We are all so excited to go to band practice and hope there are more opportunities to do more activities with band like busking. They are my family.

[Watch the Band busking on Portobello Road!](#)





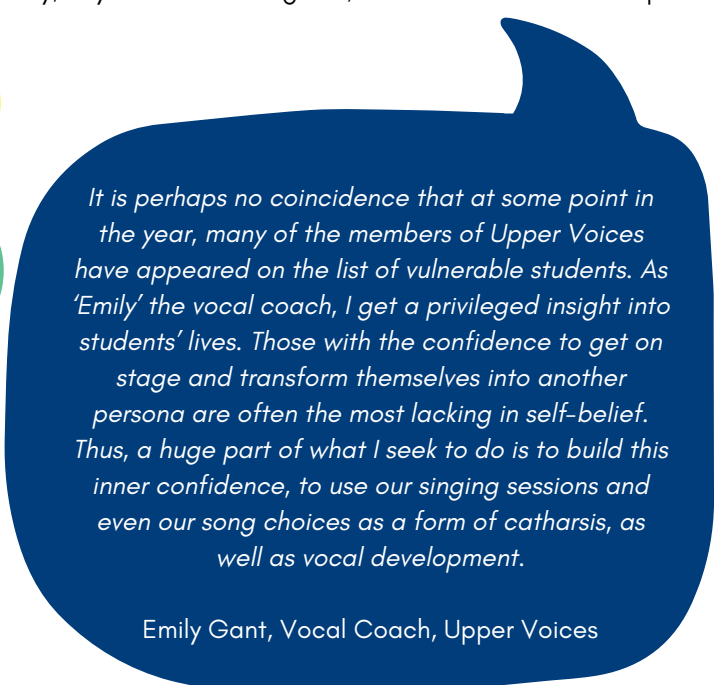
Performing & Creative Arts

Ensembles

Our hugely exuberant and talented Glee-style choir, *Upper Voices*, is the vocal ensemble to join and attendees recognise and value their membership. Members' talent has been expertly nurtured and developed by experienced vocal coach Emily Gant. The pupils involved have been able to develop technical skills and performance aptitude, and build their confidence. This year, they took part in a wide range of school performances, with many of the principal cast of the Summer Production and Christmas pantomime receiving 1:1 coaching from Emily. In May, they delivered a stellar performance at a gala evening for music charity *Restore the Music*.

Pupils were supported to take Trinity College Rock and Pop Grades; three of the choir entered and passed (with Merit or Distinction) this year. Our vocal coach also supported one pupil to submit for representation by a theatrical agent; she has been successfully taken on by *Sylvia Young Agency*.

Pupils were also supported in outside auditions - either individually (to *The Voice Kids*) or as a group (to be part of the *King's Coronation Choir*). Although they weren't chosen on these occasions, these represent the type of opportunity, beyond the school gates, that will continue to be opened up.



It is perhaps no coincidence that at some point in the year, many of the members of Upper Voices have appeared on the list of vulnerable students. As 'Emily' the vocal coach, I get a privileged insight into students' lives. Those with the confidence to get on stage and transform themselves into another persona are often the most lacking in self-belief. Thus, a huge part of what I seek to do is to build this inner confidence, to use our singing sessions and even our song choices as a form of catharsis, as well as vocal development.

Emily Gant, Vocal Coach, Upper Voices

Performing & Creative Arts

Drama

In 2022/23, donations supported the costs of two productions - the Christmas pantomime and the Summer production, involving 143 students. We were able to meet the costs of licencing and the acquisition of high quality lighting, sound, costume and set. The professional standard of production always inspires our pupils to elevate their performance and to raise their aspirations.

Participants developed their skillsets in singing, dancing and acting, coming a long way in their technique and confidence. We also had a number of pupils involved in the band and the technical team, particularly the sound department.

We kicked off with our Christmas pantomime, *Aladdin*, followed by the musical *Matilda Jr*, based on the Roald Dahl classic, in July. In both productions, pupils across drama, singing and dance disciplines were cast and, back-stage, others were involved in supporting the technical team, particularly the sound and lighting departments. In *Aladdin*, participants thoroughly engaged with the melodrama of panto and for the first time were tasked with designing and painting their own set pieces.

Matilda showcased an exceptional display of talent, and the confidence coming through from the young people on stage, as well as the huge numbers of parents and supporters that turned out to watch (we had to add extra chairs!) was testament to the relentless work of the Performing Arts team throughout the year.





KAA Presents their Christmas Pantomime
'Aladdin'
Thursday 15th December 2022 6:30pm

KAA Integrated Trust The Eate Court Development Company DELANCEY INTEPRIDUS





DELANCEY Fremantle
The Earls Court Development Company

Matilda Jr.

Tuesday - 18th July
Wednesday - 19th July
6:30pm

Tickets Here

The poster features a central illustration of a character in a white lab coat holding a gift box labeled 'PRESENTS...'. The background is red with a grid of letters and symbols. Logos for KAA and Impulsus Trust are visible at the top.



Performing & Creative Arts

Literary Festival

The KAA Literary Festival 2023 was a roaring success; with donations to the Intrepidus Trust funding a week full of guest speakers, workshops, competitions and staff fancy dress!

This year poetry and media took centre stage, with writing workshops and readings by critically acclaimed performance and slam poets including Suhaiymah Manzoor Khan, Harry Baker, Chloe Carter, Lola Oh and Princess Emmanuelle.

Mat Riches from ITV introduced Year 8 to the world of media and to mark International Women's Day, Year 12 were introduced to a 'Women in the Media' panel and a documentary creator and producer spoke to year 10 about her route into the media world.

The Poetry Slam was a true highlight; the winner Ayah (Y10) truly impressed the judges with her poignant, political poem about the cost of living crisis. Ayah described how much she and her classmates gained from this year's festival:

The poets allowed us to explore literature from different points of view and understand that it is subjective and different - making English seem more relatable, inclusive and engaging.

The sessions I attended allowed me to feel more confident in what I write. It also made me recognise the different ways I can engage an audience in my writing and how I can play with different structures.

Ayah, Year 10





Life Skills

Duke of Edinburgh Award

Funding from the Intrepidus Trust subsidises the costs of delivering the Duke of Edinburgh Award programme at KAA. This means that pupils pay a much reduced rate to participate.

In May, 44 Year 10 pupils completed their Bronze Award expedition, walking over 25km as they navigated Thorndon Country Park in Essex. There were some really nice moments of 'Intrepidus' spirit and citizenship shown during the weekend, such as students administering basic first aid for a girl who fell over, and a pupil bringing a bin bag to collect litter en route.

In July, 24 of our Year 12s took to the Surrey Hills to take on their three-day 57 km trek to complete their Silver award. Participants showed a lot of resilience despite some of the wettest conditions DofE groups have encountered in recent memory!

The other aspects of the Award require students to commit to an activity for one hour per week over three months for Bronze and six months for the Silver Award. Here are some of the activities our DofE cohort completed:

Physical

Rowing
Tae Kwondo
Cycling
Gymwork
Trampolineing
Jiu Jitsu
Walking
Boxing
Dance
Yoga

Volunteering

...at Breakfast Club
...at my church
...at a charity shop
...at a Foodbank
Tutoring
Helping at a jewellery store
Helping at my local library
Babysitting
Sports coaching

Skills

Playing an instrument
Learning boxing
Learning Spanish
Learning French
3D Modelling
School Production
Playing chess
Learning the saxophone
Crochet
First Aid course



By year end, 56% of pupils had completed the Award, in line with the national 12-month completion rate.

54 pupils completed a feedback survey at year end:

69% said that their confidence had improved

72% said they had become more independent

80% said their determination had grown

91% said they had become more resilient

72% said they had become more physically fit

80% said they felt more willing to try new things

80% said they had improved their teamwork skills



The KIT Endowment Fund



We launched the KIT Endowment Appeal in September 2018, in commemoration of the Grenfell fire tragedy, which deeply affected the school community. The purpose of the KIT Endowment Fund is to invest the capital to produce income. Over a long-term period, the income will be granted annually, in part or in full, to support the Trust's purpose, with any undistributed earnings reinvested to grow the fund. In this way, our endowment fund will safeguard the ongoing delivery of educational enrichment programmes at Kensington Aldridge Academy, and will enable donors to create a longstanding legacy.

We are delighted to report that at the time of writing we have reached our original target of £2 million. This is a huge milestone, made possible thanks to the incredible generosity of our donors, and in particular those who attended and supported our School Dinners with a Difference in 2019 and 2022. These events, with generous match funding from the CHK Foundation, raised over £700,000 towards our target.

The Endowment is currently invested with local firm Whitley Asset Management, with oversight by KIT trustees. Our goal is to create the maximum income without jeopardising the capital value, in accordance with our ethical investment strategy. Thanks to this generous support, future generations of pupils at Kensington Aldridge Academy will be able to count on educational enrichments of the highest quality.

We have come a long way, but further investment in the Endowment Fund would be greatly appreciated. To discuss any aspect of endowment gifts, please get in touch at info@kaatrust.org.uk.

Thank you

We are grateful to all our donors and partners for their support of our work this year! A particularly big thank you to the following individuals and organisations, whose exceptional generosity is greatly appreciated:

Celine Al-Jumaili

Astra Foundation

Vanessa Beaumont

Samuel Berwick

Will Blackwell

Zoe Brennan

Modesta Bukelskyte

Amanda Cairns

The Childhood Trust

Jonathan Colchester

The Considered Ask

Delancey

Justin and Emma Dowley

Earls Court Development Fund

Joanne Early

Ruth East

Eastcheap Charitable Trust

Esmee Fairbairn Foundation

Fulham Reach Boat Club

J Paul Getty Jr Charitable Trust

Jamie Glazebrook

Golden Bottle Trust

Cassie Goldman

Grant Gordon

Mari Goulandris

Amelia Granville

Carolyn Graves-Johnston

Jane Hoare

Thomas Hughes-Hallett

Gabriel Hull

K+C Foundation

Kew House School

Margaret Killbery Foundation

William Lock

LCF Grenfell Young People's Fund

Helena Miles

Laura Montgomery

Pandora Morris

NDL Foundation

Bruno Paulson & Charlotte Warner

PF Charitable Trust

Pinboard

Jeremy Quin

Rank Foundation

RKT Trust

Caspar Rock

Alan Sainer

Spiers Family Foundation

Andrew Sutcliffe

Anthony Thomlinson

Troy Asset Management

Urban Eye

Natalie Von Hurter

Marcus and Alexa Waley-Cohen

Peter Warren

Gary Watson

Laurence Weeks

Whitley Asset Management



And a special thank you to:

David Benson and the teachers, governors and support staff at Kensington Aldridge Academy



Intrepidus Trust

Trustees: Adam Balon, John Brown, Ross Dunning, Lucy Morris, Shona Nichols
Staff: Eleni Goulandris, Sophie Weitzman

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